

# The Estuary Menus



# Breakfast Menu Options

## CHEF JOHN FOLSE EVENTS Breakfast Buffets

<u>Continental Breakfast</u> *\$11 PER PERSON* 

Muffins

Danishes

Croissants

Yogurt

Seasonal Fruits with Honey Yogurt Dipping Sauce <u>Hot Breakfast</u> *\$23 PER PERSON* 

Seasonal Fruits and Berries

Scrambled Eggs

Creole Home Fries

Stone-ground Yellow Corn Grits

Buttermilk Biscuits with Country Gravy

Applewood-smoked Bacon

Pork Sausage Links

Regular and Decaffeinated Coffee, Orange Juice and Water Included

### Hot Breakfast A La Carte

Assorted Danishes	\$3.50/person
Assorted Muffins	\$3.50/person
Buttermilk Biscuits	\$2.50/person
Buttermilk Sausage Biscuits	\$4.00/person
Croissants	\$4.00/person



<b>ENTRÉE</b> <i>White Oak Stone-ground Yellow Corn Grits</i>
DESSERT Pain Perdu Champagne Berries, Cane Syrup, Chantilly Cream



# Lunch Menu Options

## CHEF JOHN FOLSE EVENTS Lunch Buffets

### <u>Silver Package</u> \$33 PER PERSON

Seafood Gumbo Louisiana Seafood, Scallion Rice

House Salad Vine-ripened Tomatoes, Cucumber Ribbons, Seasonal Greens, Cane Syrup Vinaigrette

Spinach-stuffed Chicken Bayou Lafourche Roasted Red Pepper Cream

Chicken and Sausage Jambalaya Chicken, Smoked Sausage, Louisiana Rice

> Corn Maque Choux Fresh Kernel Corn, Tomatoes

White Chocolate Bread Pudding Rum Sauce

Assorted Rolls

### <u>Gold Package</u> \$50 PER PERSON

Crawfish, Corn and Potato Soup Louisiana Crawfish Boil in a Bowl

Blackberry Salad Mixed Greens, Blackberries, Candied Pecans, Crumbled Goat Cheese, Blackberry Vinaigrette

Crawfish and Crab Cakes Rémoulade Sauce

Cane Syrup-glazed Pork Loin Louisiana Cane Syrup, Fresh Herbs

> Haricot Verts Green Beans

Herb-roasted Potatoes Basil, Thyme, Tarragon

Pecan Rice Dressing Louisiana Pecans, Steamed White Rice, Beef, Pork

Orange Ricotta Cheesecake Crème Anglaise, Fresh Berries

Assorted Rolls





# Dinner Menu Options

## CHEF JOHN FOLSE EVENTS Dinner Buffets

### <u>Silver Package</u> *\$42 PER PERSON*

Crawfish, Corn and Potato Soup Louisiana Crawfish Boil in a Bowl

House Salad Vine-ripened Tomatoes, Cucumber Ribbons, Seasonal Greens, Cane Syrup Vinaigrette

Herb-roasted Black Drum Corn Coulis

Roasted Pork Tenderloin Rosemary Jus

Shrimp Viala Pasta Jumbo Shrimp, Lemon Butter Sauce

Garlic Mashed Potatoes

Medley of Vegetables

White Chocolate Bread Pudding Rum Sauce <u>Gold Package</u> *\$65 PER PERSON* 

Sweet Corn and Crab Bisque Fresh Kernel Corn, Louisiana Crabmeat

Mandarin Orange Salad Mixed Greens, Goat Cheese, Shaved Radishes, Spiced Pecans, Mandarin Orange Vinaigrette

> Roasted Salmon Dill Cream

Prime Rib Carving Station Horseradish Cream, Silver Dollar Rolls

> Crawfish Étouffée Steamed White Rice

**Roasted Fingerling Potatoes** 

Balsamic-marinated Brussels Sprouts

Red Velvet Cheesecake Crème Anglaise



SALAD	<b>Caesar Salad</b> Hearts of Romaine Lettuce, Parmesan Cheese, Garlic Croutons,
	Creamy Caesar Dressing
NTRÉE	<b>Pan-seared Breast of Duck</b> Savory Praline Sauce, Sweet Potato Purée
ESSERT	White Chocolate Bread Pudding with Whiskey Sauce



<u>Silver Package</u> \$55 PER PERSON	
SOUP	Smoked Chicken and Andouille Gumbo
SALAD	<b>House Salad</b> Vine-ripened Tomatoes, Cucumber Ribbons, Seasonal Greens, Cane Syrup Vinaigrette
ENTRÉE	Pecan-crusted and Sautéed Fillet of Redfish with Sauce Meuniere
DESSERT	<b>Pecan Praline Cheesecake</b> Butter, Brown Sugar, Praline Liqueur

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	Seated Dinner
	<u>Gold Package</u> \$69 PER PERSON
SOUP	<b>Bisque of Lump Crab</b> Rich Veloute of Louisiana Blue Crab, Buttered Jumbo Crab, Chive Oil, Herb Crouton
SALAD	<b>Twin Beet Salad</b> Duo of Roasted Red and Golden Beets, Seasonal Greens, Tiny Pear Tomatoes, Goat Cheese, Cane Syrup Vinaigrette
ENTRÉE	<b>Tournedos of Beef</b> Sauce Marchand de Vin
DESSERT	<b>Chocolate Avalanche Cake</b> Bavarian Cream, Fresh Berries



#### **APPETIZERS**

Crawfish and Corn Cake Lemon Butter Sauce	\$11.5
<b>Shrimp and Grits</b> White Oak Stone-ground Corn Grits, Jumbo Gulf Shrimp, Fresh Scallions, Tasso and Roasted Red Pepper Cream	\$11.5
<b>Shrimp Cocktail</b> Five-spice, Poached Gulf Shrimp, Traditional Cocktail Sauce, Lemon and Micro Basil	\$11.5
<b>Sesame-seared Tuna</b> Lemon Vinaigrette, Sunflower Sprouts, Capers, Kalamata Olives	\$12
<b>Pecan-smoked Duck Ham</b> <i>Garlic Cheese Grits</i>	\$12
Jumbo Lump Crab and Mango Cake Tomato Butter Sauce	\$13
<b>Lamb Lollipops</b> Two Herb-roasted Lamb Lollipops, Root Vegetable Purée, Steen's Cane Syrup Demi-glace	\$16



#### **SOUPS**

<b>Tomato Basil Bisque</b> Creole Tomatoes, Sweet Basil, Crème Fraîche	\$7
Smoked Chicken and Andouille Gumbo Louisiana's Premier Soup	\$8
<b>Crawfish, Corn and Potato Soup</b> Louisiana Crawfish Boil in a Bowl	\$8
Sweet Potato and Duck Bisque Beauregard Yams, Smoked Duck Breast	\$8
Seafood Gumbo Louisiana Seafood, Scallion Rice	\$8.5
<b>Bisque of Lump Crab</b> Rich Veloute of Louisiana Blue Crab, Buttered Jumbo Crab, Chive Oil, Herb Crouton	\$10
<b>Lobster Truffle Bisque</b> Poached Lobster, Black Truffle Confetti, Heavy Whipping Cream	\$11



#### **SALADS**

<b>House Salad</b> Vine-ripened Tomatoes, Cucumber Ribbons, Seasonal Greens, Cane Syrup Vinaigrette	\$7
<b>Caesar Salad</b> Hearts of Romaine Lettuce, Parmesan Cheese, Garlic Croutons,	e <b>7</b>
*Add Grilled Chicken: \$6 per person / *Add Sautéed Shrimp: \$7 per person	\$7
Sensation Salad	
Romaine Lettuce, Savory Dressing of Garlic, Romano Cheese, Lemon Juice and Olive Oil	\$7
Caprese Salad	
Baby Spring Lettuce, Heirloom Tomatoes, Basil, Fresh Mozzarella, Balsamic Vinaigrette	\$7
Twin Beet Salad	
Duo of Roasted Red and Golden Beets, Seasonal Greens, Tiny Pear Tomatoes, Goat Cheese, Cane Syrup Vinaigrette	\$8
Mandarin Orange Salad	
Mixed Greens, Goat Cheese, Shaved Radishes, Spiced Pecans, Mandarin Orange Vinaigrette	\$8
Sweet Tea-brined Duck Salad Arugula Salad, Spiced Pecans, Blackberry Vinaigrette	\$11.5
Jumbo Lump Crab Salad	
Mixed Greens, Roasted Corn Vinaigrette, Brioche Croutons, Balsamic Reduction, Lump Crabmeat	\$12



#### **ENTRÉES**

Spinach- and Artichoke-stuffed Chicken Bayou Lafourche Roasted Red Pepper Cream	\$20
Herb-panko Breast of Chicken Creole Mustard Cream Sauce	\$21
Herb-roasted Black Drum Corn Coulis	\$26.5
Andouille-stuffed Pork Loin Rosemary Jus	\$26.5
Herb-roasted Pork Tenderloin Smoked Tomato Coulis	\$26.5
Pan-seared Breast of Duck Savory Praline Sauce, Sweet Potato Purée	\$32
Pecan-encrusted and Sautéed Fillet of Redfish Sauce Meunière	\$32
Sautéed Red Snapper Jumbo Lump Crabmeat, Lemon Tomato Cream	\$36
<b>Crawfish-stuffed Turban of Trout</b> Lobster Truffle Cream	\$36
<b>Beef Short Ribs</b> White Oak Estate Stone-ground Corn Grits, Steamed Asparagus	\$40
<b>Braised Osso Buco</b> Braised Veal Shank, Sance Marchand de Vin	\$42
<b>Charbroiled Tournedos of Beef*</b> Sauce Marchand de Vin	\$42
<b>6-ounce Filet Mignon*</b> <i>Wild Mushroom Sauce</i> *Add Blue Cheese Crust: \$4 per person / *Add Grilled Gulf Shrimp (2): \$9 per person *Add Jumbo Lump Crabmeat: \$11 per person	\$48.5



### **DUAL ENTRÉES**

Spinach- and Artichoke-stuffed Chicken Bayou Lafourche Roasted Red Pepper Cream	
AND	\$34
Herb-roasted Black Drum Corn Coulis	
Herb-roasted Pork Tenderloin Smoked Tomato Coulis	
AND	\$40
Shrimp and Grits Roasted Red Pepper Cream	
Pan-seared Breast of Duck Savory Praline Sauce, Sweet Potato Purée	
AND	\$40
Jumbo Lump Crab Cake Tomato Cream	
Crawfish-stuffed Turban of Trout Lobster Truffle Cream	
AND	\$42
<b>3-ounce Tournedo of Beef</b> Sauce Marchand de Vin	
Mango-stuffed Lobster Tail Creole Tomato Risotto, Basil-infused Olive Oil	
AND	\$66
6-ounce Filet Mignon Wild Mushroom Sauce	



#### DESSERTS

White Chocolate Bread Pudding Rum Sauce	\$8
<b>Traditional Creole Cream Cheese Cheesecake</b> Meyer Lemon Curd, Vanilla Gelée	\$8
<b>Pecan Praline Cheesecake</b> Butter, Brown Sugar, Praline Liqueur	\$8
<b>Orange Ricotta Cheesecake</b> Crème Anglasie, Fresh Berries	\$8
<b>Red Velvet Cheesecake</b> Crème Anglaise	\$8
Pecan Pie Caramel Sauce	\$8
<b>Carrot Cake</b> Grated Carrots, Vanilla, Chopped Pecans	\$9.5
<b>Chocolate Avalanche Cake</b> Bavarian Cream, Fresh Berries	\$9.5
<b>Lemon Doberge</b> Old-fashioned Butter Cake, Lemon Custard, Crème Anglaise, Fresh Berries	\$11
<b>Chocolate Doberge</b> Old-fashioned Butter Cake, Chocolate Custard, Crème Anglaise, Fresh Berries	\$11





# Cocktail Reception Menu Options

## CHEF JOHN FOLSE EVENTS Cocktail Reception

#### Bronze Menu \$48 PER PERSON

#### **Cocktail Reception**

**Fruit & Cheese Display** Honey Yogurt Dipping Sauce

**Grilled and Marinated Vegetables** Roasted Garlic Hummus, Green Goddess Dipping Sauce

> Crab Mornay Dip Garlic Croutons

**Crawfish Étouffée** Steamed White Rice

Natchitoches Meat Pies Seasoned Pork and Beef

Spinach-stuffed Mushrooms Gouda Cheese

Creole Chicken and Andouille Jambalaya Chicken, Smoked Sausage, Louisiana Rice

#### <u>Silver Menu</u> \$66 PER PERSON

#### **Butler-passed Hors d'oeuvres**

Boursin and Brioche Grilled Cheese Spicy Tomato Marmalade

> Duck Quesadilla Cilantro Crema

Shrimp Remoulade on Cucumber

Hors d'oeuvres passed during first 30 minutes of reception

#### **Cocktail Reception**

Fruit and Artisanal Cheese Display Honey Yogurt Dipping Sauce House-made Chutneys and Preserves

**Smoked Salmon Display** *Herb Cream Cheese, Capers, Egg, Red Onion* 

Caprese Platter Buffalo Mozzarella, Heirloom Tomatoes, Olives, Artichokes, Olive Oil, Pesto

Stone-ground Grits Bar Shrimp in Tasso and Roasted Red Pepper Cream, Beef Grillades, Boudin Smoked Gouda, Tomatoes, Chives

Spinach- and Artichoke-stuffed Chicken Bayou Lafourche Roasted Red Pepper Cream

**Pork Loin Carving Board** Cane Syrup-brined Pork Loin, Bourbon-butter Glaze, Sweet Chili Mayonnaise, Creole Mustard



### <u>Gold Menu</u> \$90 PER PERSON

Butler-passed Champagne & Hors d'oeuvres

> **BBQ Spiced Tuna** Chipotle Aioli, Grilled Sweet Corn

Heirloom Tomato Bruschetta Buffalo Mozzarella

**Beef Tenderloin Crostini** Horseradish Cream Sauce, Caramelized Shallots

Hors d'oeuvres passed during first 30 minutes of reception

#### **Cocktail Reception**

**Charcuterie Platter** House-smoked and Cured Meats and Sausages, Pickles, Chutneys, Creole Mustard

**Baked Brie** Praline Drizzle, Pecans, Strawberries, Grapes

**Creole Tomato Pasta Salad** Goat Cheese, Pine Nuts, Roasted Red Peppers

> Shrimp Rémoulade Sliced Cucumber, Crostini

Crawfish-stuffed Turban of Trout Lobster Truffle Cream

Pan-seared Breast of Duck Savory Praline Sauce

Beef Tenderloin Carving Board Sauce Marchand de Vin, Truffle Aïoli

### CHEF JOHN FOLSE EVENTS Cocktail Reception A La Carte PASSED HORS D'OEUVRES

#### Passed for first 30 minutes of reception

	Shrimp Rémoulade on Cucumber
Specialty	Duck Confit Quesadilla with Cilantro Crema
$C1 \cdot CT1$	Smoked Salmon BLT Bite with Dill Mayonnaise
Choice of Three:	Baby Twice-Baked Potato with Smoked Bacon, Cheddar and Chives
\$12 per person	Corn and Crab Cappuccino Soup Shooters
	Boursin and Brioche Grilled Cheese Sandwich with Spicy Tomato Marmalade
	BBQ Spiced Tuna with Chipotle Aioli and Grilled Sweet Corn
	Duck Confit Tartlet with Orange Marmalade
Premier	Butter-poached Lobster Medallion with Mirliton Relish
$C1 \cdot CT1$	Bacon-wrapped Jumbo Shrimp with Sweet Chili Glaze
Choice of Three:	Beef Tenderloin Crostini with Horseradish Cream and Caramelized Shallots
\$15.50 per person	Herb-roasted Lamb Loin Medallion with Boursin Cheese and Fig Cherry Compote
	Heirloom Tomato and Buffalo Mozzarella Bruschetta with Roasted Garlic, Basil & Pine Nu
	Mini Jumbo Lump Crabcakes with Remoulade

Each Additional 30 Minutes of Passed Hors D'Oeuvres: Add \$3.00 per person Substitute Hors d'Oeuvres From a Lower Tier at No Change in Price



CHEF JOHN FOLSE EVENTS Cocktail Reception A La Carte COLD DISPLAYS	
Farmer's Market: Fresh Fruits \$6.5 per person	Fresh Seasonal Fruits and Berries, Melons and Seedless Grapes accompanied by Honey Yogurt and Chocolate Dipping Sauces
The Potager: Grilled and Marinated Vegetables \$8 per person	Assortment of Grilled and Balsamic-marinated Seasonal, Local Vegetable Crudités accompanied by Roasted Garlic Hummus and Green Goddess Dipping Sauce
Dairy Board: Domestic Cheeses \$11 per person	Selection of Four Domestic Cheeses accented with House-made Chutneys, Preserves, Grapes and Dried Fruits with Water Crackers
Jar-Cuterie \$12 per person	Individual Charcuterie Jars Assorted Cured Meats with Artisan Cheese Assorted Olives, Vegetable Crudite and Herb Garnish
French Market: Bruschetta \$13 per person	Selection of Local, Artisan Breads accompanied by Infused Oils, Balsamic Vinegar Glaze, Pesto, Olive Tapenade and Spicy Tomato Marmalade Marinated Fresh Mozzarella, Prosciutto and Salami Salad Roasted Garlic, Tomato and Basil Salsa Fresco Flavored Butters and Chef's Pâté Spread
Fromagerie: Artisan and Imported Cheeses \$15.5 per person	Chef's Selection of Classic Artisan, Aged and Imported Cheeses including Cow, Sheep and Goat Milk Varieties with Seasonal Fruits, Candied and Spiced Nuts and White Oak Plantation Preserves
Old Smokey: Charcuterie and Boucherie \$17.5 per person	Chef's Selection of Local and House-smoked and Cured Meats House-made Pork and Game Sausages Smoked and Cured Salmon Assorted Plantation Pickles and Chutneys, Hot Sauces and Creole Mustard Baked Sliced Breads, House Rolls and Corn Bread
Dulce's Pier: Jumbo Shrimp Cocktail \$17.5 per person	Jumbo Gulf Shrimp boiled in Louisiana Spices and Seasonings served on Ice and accompanied by Cocktail Sauce, White Rémoulade, Horseradish, Lemons and Crackers <i>(Estimated 6 Shrimp per Guest)</i>



### CHEF JOHN FOLSE EVENTS Cocktail Reception A La Carte HOT DISPLAYS

Baked Brie en Croute

\$170 each Serves 35-50 French Brie baked in a Puff Pastry Shell topped with Praline Drizzle served with Spiced Pecans, Strawberries, Grapes and Water Crackers

Mashed and Sweet Potato Martini Bar \$11 per person Classic Mashed Potatoes Topping Choices: Butter, Sour Cream, Bacon Bits, Chives, Cheddar Cheese, Brown Gravy <u>Mashed Sweet Potatoes</u> Topping Choices: Cane Syrup, Candied Pecans, Mini Marshmallows, Cinnamon, Nutmeg served in Martini Glasses \*Add Crawfish Étouffée: \$3 per person \*Add Spinach and Artichoke Cream: \$2 per person \*Add Beef Grillades: \$3 per person

White Oak Stone-ground Corn Grits accompanied by Sautéed Louisiana Shrimp in Tasso and Roasted Red Pepper Cream, Spanish-style Beef Grillades, Boudin, Smoked Gouda Cheese, Creole Tomatoes, Fresh Garlic Chives served in Martini Glasses

Stone-ground Grits Bar

\$20 per person

The Black Pot

\$22.5 per person

Acadian Seafood Gumbo Chicken and Sausage Jambalaya Red Beans Crawfish Étouffée Served with Steamed White Rice

### **ACTION STATIONS**

Folse Salad Station

\$12 per person

French Quarter Po-Baby Sliders

\$13 per person

Ravioli Station \$13 per person Roasted, Marinated Red and Golden Beets, Heirloom Tomatoes, English Cucumbers, Brunoise Carrots, Soft Goat Cheese, Candied Pecans, Marinated Strawberries Dressing Choices: Cane Syrup Vinaigrette, Extra-virgin Olive Oil, Sherry Vinegar, Balsamic Vinegar Glaze

Seasonal Lettuces tossed to order with Guest's Choice of

Traditional Roast Beef Debris Au Jus with Roasted Garlic Mayonnaise Bourbon BBQ Cochon de Lait Pork Sliders with Spicy Slaw & Fried Pickles accompanied by House-made Truffle Parmesan Potato Chips and Spicy Tomato Marmalade

> Four-cheese Ravioli sautéed to order with Basil Pesto Cream and Shaved Parmesan



## CHEF JOHN FOLSE EVENTS Cocktail Reception A La Carte CARVING STATIONS

Cane Syrup-brined Pork Loin \$9.5 per person Minimum 75 guests

> Horseradish- and Rosemary-encrusted Beef Top Round Roast

> > \$11 per person Minimum 100 guests

Prime Rib Roast of Beef \$17 per person Minimum 40 guests

> Beef Tenderloin \$19 per person Minimum 20 guests

Herb-encrusted served with Bourbon-butter Glaze, Sweet Chili Mayonnaise and Creole Mustard Warm Silver Dollar Rolls

Slow-roasted to Medium served with Au Jus, Horseradish Cream Sauce and Creole Mustard Warm Silver Dollar Rolls

Salt-encrusted and Slow-cooked to Medium-rare served with Garlic and Red Wine Jus, Horseradish Cream Sauce and Creole Mustard Warm Silver Dollar Rolls

> Whole Filet of Beef Tenderloin served with Sauce Marchand de Vin and Truffle Aïoli Warm Silver Dollar Rolls

#### **DESSERT STATIONS**

#### Chef John Folse's Famous White Chocolate Bread Pudding

\$6.5 per person

Mini Desserts \$11 per person

Bananas Foster Flambé \$12 per person Made with Fresh Dairy Cream and White Oak Yard Eggs accompanied by Guest's Choice of Bourbon-butter Sauce, Praline Drizzle or Raspberry Coulis

Chef's Selection of Mini Classic Desserts including Mini Pecan Pies, Petit Fours, Lemon Squares, Brownies and Assorted Cheesecakes

Bananas sautéed with Butter and Brown Sugar then flambéed in Spiced Rum, served over Bread Pudding garnished with Fresh, Seasonal Macerated Berry Medley served in Martini Glasses

Dessert Stations typically served during Second Half of Reception





# Beverages

## CHEF JOHN FOLSE EVENTS Bar Menus-3 Hours

### <u>Ultra-Premium</u> \$34 PER PERSON

Vodka: Grey Goose Gin: Bombay Sapphire Rum: Bacardi Superior Blend: Crown Royal Bourbon: Gentleman Jack Scotch: Macallan 12 Year Tequila: Patron Silver Liqueurs: Disaronno Amaretto, Kahlua & Grand Marnier

*Wine:* Sonoma-Cutrer Chardonnay, Chateau Ste. Michelle Indian Wells Cabernet and Ava Grace Rosé *Champagne:* Piper Sonoma Champagne

#### Select Any Four Beers:

Domestic Bottled Beer: Bud Light, Miller Light, Michelob Ultra Specialty Bottled Beer: Corona, Stella Artois, Abita Amber, Yuengling Lager Includes Soft Drinks

Additional Hour: \$6 per person

Regular and Decaffeinated Community Coffee \$40 per gallon

Community Coffee Iced Tea \$25 per gallon

> Assorted Fruit Juices \$28 per gallon

#### Premium \$30 PER PERSON

Vodka: Tito's Gin: Beefeater Rum: Bayou Blend: Crown Royal Bourbon: Jack Daniel's Scotch: Chivas Regal Tequila: Avion Liqueurs: Di Amore Amaretto & Kahlua

#### Wine:

White Oak's Private Label Chardonnay, Cabernet Sauvignon and Rosé *Champagne:* White Oak's Private Label

#### Select two from each: Domestic Bottled Beer:

Bud Light, Miller Light, Michelob Ultra *Specialty Bottled Beer:* Corona, Stella Artois, Abita Amber, Yuengling Lager *Includes Soft Drinks* 

Additional Hour: \$6 per person

### Non-Alcoholic Options

Lemonade \$25 per gallon

Individual Whole, Skim, 2% and Chocolate Milk \$2 each

### Beer and Wine \$22 PER PERSON

Wine: White Oak's Private Label Chardonnay, Cabernet Sauvignon and White Zinfandel Champagne: White Oak's Private Label

#### Select two from each:

Domestic Bottled Beer: Bud Light, Miller Light, Michelob Ultra Specialty Bottled Beer: Corona, Stella Artois, Abita Amber, Yuengling Lager

Includes Soft Drinks

Additional Hour: \$4 per person

Bottled Water \$2 per bottle

Assorted Soft Drinks \$2.5 per can \$3 per bottle

Bottled Fruit Juices \$3.5 per bottle